SEPTEMBER NM – 7 th 8 th – 13th	New Moon1 st Quarter Plant annual above ground leafy plants with seed outside the fruit	African & French marigold, cabbage, Chinese cabbage, celery, cosmos, dill, grain crops, lettuce, mizuna, motherwort, parsley, rocket, silverbeet, spring onions, NZ spinach, nasturtium, sunflower, tatsoi, sweet basil	No planting 12 hours either side of New moon In this quarter gravity pulls water up causing seeds to swell and burst. This with increasing light creates balanced leaf and root growth
$16^{\mathrm{th}}-20\mathrm{th}$	New Moon 2 nd quarter Annuals with above ground yield which are vines and produce seeds inside the fruit	African & French marigold, beans (bush & climbing), capsicum/chilli, cosmos, cucumber, eggplant, grain crops, nasturtium, okra, pumpkin, rockmelon, rosella spring onions, summer squash, sunflower, sweet corn, tomatoes, watermelon, zucchini	Moonlight increasing creating strong leaf growth so is generally good for above ground leafy plant
$FM-21^{st}$ $22^{nd}-28th$	Full Moon 3 rd Quarter Biennials, perennials, bulb and root crops Planted in one season to winter over and produce the following year. E.g. trees & shrubs	Asparagus, avocado, banana, banana passionfruit, beetroot, catnip, chives, carrot, echinacea, herbaceous perennials, hyssop, Jerusalem artichoke, lavender, macadamia, marjoram, mint, oregano, passionfruit, pawpaw, potato, rue, radish, rosemary, sage, sweet potato, thyme, tropical & cherry guava, watercress	No planting 12 hours either side of the Full moon Energy is drawing down creating more moisture in the soil and the moonlight is decreasing allowing for more energy to concentrate in the roots especially the 2 days after the full moon.
$1^{st}-6^{th}$ & $29^{th}-30th$	Full Moon 4 th Quarter No planting but a good time to cultivate, pull weeds and destroy pests.	No Planting, General Garden Maintenance	Gravitational pull is at its lowest as is the moonlight and this is considered a resting period from planting.