

Bushfood Garden Starter Kit



Our **Bushfood Garden Starter Kits** consist of eight different species in either 100mm or 140mm pots.

The Kits include an interesting selection of plants with a variety of growth habits and tasty fruits, to create the basis of a great bushfood garden.

Individual Kits can be tailor made to suit your requirements and the specific soil and climatic conditions in your area.

Also available is our booklet, **The Wild Taste of the Rainforest** profiling a number of bushfood species. A guide to the selection, cultivation and use of native food plants.

Map & Contact Details



Member of the Queensland Bushfood Association
www.qldbushfood.com

Nursery open by appointment only

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Witjuti Grub

Bushfood Nursery

Established in 1996
We specialise in quality
native food plants for the
home gardener
and commercial grower



The Wild Taste of the Rainforest

Varieties selected for
their superior fruiting
and leaf qualities

Experience...

The Wild Taste of the Rainforest

For centuries 'bushfood' plants have been an integral part of our indigenous people's staple diet and lifestyle. Today these native foods are being 'rediscovered' by contemporary Australians and used in ways as varied as our multi-cultured backgrounds.

There are about 250,000 species of flowering plants in the world. Given this biodiversity it is perhaps surprising that with 10,000 years of settled agriculture only about 100 species have been cultivated as significant food plants and only about 20 constitute the staple foods of the developed and developing world.

It is estimated that there were upwards of 5000 different bushfood plant species across Australia utilised and harvested seasonally by Aboriginal people.

Bushfoods played a significant part in Australia's colonial history, keeping explorers alive and settlers healthy. They helped ensure Captain Cook's success and the first Colony's survival. Without bushfood explorers such as Sturt and Leichhardt would have failed in their efforts from either scurvy or starvation.

At **Witjuti Grub Nursery** we have a wide variety of *selected* bushfood plants from the rainforests of South East and Central Qld. and Northern NSW. These native trees, shrubs, vines and herbs have been chosen for their quality and are suitable for most situations and aspects.

Our indigenous foods, while sometimes reminiscent of European foods, have their own particular characteristics that we need to learn to accept and value. Bushfoods have unique flavours that have not been genetically manipulated. Tests have shown them to be highly nutritious, more so than their farmed European relatives.

Bushfoods add enormous interest to your garden and can change the way that you look at native plants. By including bushfoods in your garden, you will not only create a haven for native birds and animals, you will be contributing significantly to your own nutrition and dietary variety. As well you will have the satisfaction of growing food for yourself, making *the wild taste of the rainforest* a common experience.

Witjuti Grub Species List

<u>Genus / species</u>	<u>Common Name</u>	<u>Habit</u>	<u>Use</u>
<i>Acronychia acidula</i>	Lemon Aspen	Small - Medium Tree	Fruit
<i>Acronychia oblongifolia</i>	White Aspen	Small - Medium Tree	Fruit
<i>Acronychia wilcoxiana</i>	Silver Aspen	Small - Medium Tree	Fruit
<i>Alectryon coriaceus</i>	Beach Bird's-eye	Small Tree	Fruit
<i>Alpinia caerulea</i>	Native Ginger (Atherton form)	Shrub	Root/Seed
<i>Antidesma erostre</i>	Wild Currant	Shrub	Fruit
<i>Apium prostratum</i>	Sea Celery (Native Parsley)	Herb (Ground Cover)	Leaf
<i>Athertonia diversifolia</i>	Atherton Almond	Small - Medium Tree	Seed (Nut)
<i>Austromyrtus dulcis</i>	Midyim Berry	Shrub	Fruit
<i>Backhousia angustifolia</i>	Curry Myrtle	Small Tree	Leaf
<i>Backhousia citriodora</i>	Lemon Myrtle	Small - Medium Tree	Leaf
<i>Backhousia myrtifolia</i>	Cinnamon Myrtle (<i>Wom'bai</i>)	Shrub - Small Tree	Fruit
<i>Citrus australasica</i>	Finger Lime	Shrub - Small Tree	Fruit
<i>Citrus australis</i>	Round (Gympie) Lime (<i>Dooja</i>)	Small Tree	Fruit
<i>Clausena brevistyla</i>	Native Wampi	Small Tree	Fruit
<i>Curcuma australasica</i>	Native Turmeric (Cape York Lily)	Shrub	Root
<i>Davidsonia jerseyana</i>	Nth. NSW Davidson's Plum	Shrub - Small Tree	Fruit
<i>Davidsonia pruriens</i>	Nth. Qld. Davidson's Plum	Shrub - Small Tree	Fruit
<i>Decaspermum humile</i>	Silky Myrtle	Shrub	Fruit
<i>Dioscorea transversa</i>	Native Yam	Vine	Root
<i>Diploglottis australis</i>	Native Tamarind	Medium - Large Tree	Fruit
<i>Diploglottis berniana</i>	Bernie's Tamarind	Medium Tree	Fruit
<i>Diploglottis campbellii</i>	Small-leaved Tamarind	Medium Tree	Fruit
<i>Diploglottis diphylostegia</i>	Northern Tamarind	Small - Medium Tree	Fruit
<i>Diploglottis smithii</i>	Smith's Tamarind	Small - Medium Tree	Fruit
<i>Elaeagnus triflora</i>	Millaa Millaa	Vine	Fruit
<i>Eugenia reinwardtiana</i>	Beach Cherry	Shrub	Fruit
<i>Eupomatia laurina</i>	Bolwarra (Native Guava)	Shrub	Fruit
<i>Ficus coronata</i>	Creek Sandpaper Fig	Small Tree	Fruit
<i>Ficus opposita</i>	Sandpaper Fig	Small Tree	Fruit
<i>Glycosmis trifoliata</i>	Lime Berry	Shrub	Fruit
<i>Geitonoplesium cymosum</i>	Scrambling Lily	Vine	Shoot Tips
<i>Hicksbeachia pinnatifolia</i>	Red Bopple Nut	Small Tree	Seed
<i>Mentha australis</i>	River Mint	Herb (Ground Cover)	Leaf
<i>Mischarytera lautereriana</i>	Corduroy Tamarind	Medium - Large Tree	Fruit
<i>Piper hederaceum</i>	Pepper Vine	Vine	Seed
<i>Planchonella australis</i>	Black Apple	Medium - Large Tree	Fruit
<i>Pleiogynium timorense</i>	Burdekin Plum	Medium - Large Tree	Fruit
<i>Podocarpus elatus</i>	Plum Pine	Medium - Large Tree	Fruit
<i>Podocarpus spinulosus</i>	Shrubby Plum Pine	Shrub	Fruit
<i>Rubus probus</i>	Sweet Native Raspberry	Vine	Fruit
<i>Sterculia quadrifida</i>	Peanut Tree	Small - Medium Tree	Seed
<i>Syzygium anisatum</i>	Anise Myrtle (<i>syn Backhousia anisata</i>)	Medium Tree	Leaf
<i>Syzygium australe</i>	Brush Cherry	Small - Medium Tree	Fruit
<i>Syzygium fibrosum</i>	Apricot Satinash	Small - Medium Tree	Fruit
<i>Syzygium luehmannii</i>	Riberry	Small - Medium Tree	Fruit
<i>Syzygium oleosum</i>	Blue Cherry (Blue Lilly Pilly)	Small - Medium Tree	Fruit
<i>Tetragonia tetragonioides</i>	Warrigal Greens (Native Spinach)	Ground Cover	Leaf
<i>Viola banksii</i>	Native Violet	Ground Cover	Leaf

* New species are continually added to stock list, while some species may be limited or unavailable at times

APQ 041916